

Genesis Pediatrics Recommended Book List

Discipline

- 1-2-3 Magic by Dr. Thomas Phelan
- SOS: Help for Parents by Lynn Clark and John Robb
- Dare to Discipline by Dr. James Dobson
- 4 Weeks to a Better Behaved Child by Cristine Chandler, Ph. D
- The Strong-Willed Child by Dr. James Dobson
- Raising Your Spirited Child: A Guide for Parents Whose Child is More Intense, Sensitive, Persistent, Perceptive, Energetic by Mary Sheedy Kurcinka
- The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Dr. Ross Greene (*foul language in case studies*)
- The Difficult Child by Dr. Stanley Turecki
- Taming Your Child's Anxiety by Taryn Chamsky

General Development

- Baby 411: Clear Answers and Smart Advice for Your Baby's First Year by Denise Fields and Ari Brown, MD
- Toddler 411: Clear Answers and Smart Advice for Your Toddler by Denise Fields and Ari Brown, MD
- Touchpoints: Birth to 3 : Your Child's Emotional and Behavioral Development by T. Berry Brazelton and Joshua D. Sparrow, M.D.

Sleep

- Solve Your Child's Sleep Problems by Dr. Richard Ferber
- Sleeping through the Night, Revised Edition:How Infants, Toddlers, And Their Parents Can Get a Good Night's Sleep by Jodi A. Mindell
- The No-Cry Sleep Solution: Gentle Ways to Help Your Baby Sleep Through the Night by Elizabeth Pantley, William Sears
- The Happiest Baby on the Block:The new way to Calm Crying and Help Your Newborn Baby Sleep Longer by Harvey Karp

Breastfeeding

- New Mother's Guide to Breastfeeding by Dr. Joan Younger-Meek
- The Nursing Mother's Companion by Kathleen Huggins
- Child of Mine: Feeding With Love and Good Sense by Ellyn Satter
- How to Get Your Kids to Eat But Not Too Much by Ellyn Satter

Teenagers

- Parenting Your Out-of- Control Teenager: 7 Steps To Reestablish Authority and Reclaim Love by Scott P. Sells